

Scientific Program

**18 October 2018, Thursday
(Precongress Workshop)**

Hour	HALL 1	HALL 2	HALL 3	HALL 4	HALL 5
Fullday Workshop	Start learning RFT: An Introduction to Relational Frame Theory and Its Clinical Application.	Technological Augmented Integrative and Multimodal CBT for Anxiety and Depressive Disorders (including psychotic symptoms)	CBT in Hoarding Disorder	Cognitive-Behavioral Psychotherapy for Aggression in Children and Adolescents: Current Approaches	
	Trainer: Niklas Törneke, İsveç	Trainer: Daniel David, Romanya	Trainer: Satwant Singh, İngiltere	Trainers: Runa İdil Uslu, Emine Gül Kapçı	

19 October 2018, Friday

Hour	HALL 1	HALL 2	HALL 3	HALL 4	HALL 5
08:30 09:00	Açılış				
09:00 10:15	Konferans Generic Principles for Psychotherapy. A Modern Behavior Analytic Perspective. Speaker: Niklas Törneke				
10:15 10:45	Coffe break				
10:45 12:15	Panel Scientificness in Psychotherapy Moderator: Hakan Türkçapar Speakers: Hakan Türkçapar, A.Emre Sargın, Kadir Özdel, Sevinç Ulusoy, Müge Sargın	Panel CBT Applications on Internet Addiction in Children and Adolescents Moderator: Sevay Alşen Speakers: Sevay Alşen, Alper Yılmaz, Nagihan Cevher Binici, Süleyman Çakıroğlu	Meeting with expert Motivational Therapy Speaker: Kültegin Ögel	Workshop ACT as a Helper Tool in Psychotherapy: Basic Techniques and Practices Trainer: Direnç Sakarya	Meeting with expert CBT for Treatment of Obesity Speaker: Aslıhan Dönmez
12:15 13:30	Lunch				
13:30 15:00	Workshop Use of Metaphor in Psychotherapy - 1 Trainer: Niklas Törneke	Workshop Technological Augmented Integrative and Multimodal CBT for Autism Spectrum Disorder - 1 Trainer: Daniel David	Workshop Introduction to Schema Therapy - 1 Trainer: Alp Karaosmanoğlu	Meeting with expert Motivational Therapy and Cognitive Behavioral Therapy Speaker: Ertuğrul Köroğlu	Panel Thought-Action Fusion: Developmental Characteristics and Clinical Significance Moderator: Vahdet Görmez Speakers: Tayyib Kadam, M.Cem Tarakçıoğlu, Nusret Soylu
15:00 15:30	Coffe break				
15:30 17:00	Workshop Use of Metaphor in Psychotherapy - 2 Trainer: Niklas Törneke	Workshop Technological augmented Integrative and Multimodal CBT for Autism Spectrum Disorder - 2 Trainer: Daniel David	Workshop Introduction to Schema Therapy - 2 Trainer: Alp Karaosmanoğlu	Panel Application of Cognitive Behavioral Psychotherapy in Children and Adolescents: Difficulties, Obstacles and Suggestions for Solution Moderator: Didem Öztıp Speakers: Didem Öztıp, Özlem Özel Özcan, Özhan Yalçın	Meeting with expert n overview of CBT, Schema Therapy, Family Therapy and Couple-Relationship Therapy Approaches in Treatment of Attention Deficit Hyperactivity Disorder Speaker: Arzu Erkan Yüce
17:00 17:20	Coffe break				
17:20 18:20	Konferans Key note: From CBT "waves" to an Integrative and Multimodal CBT Speaker: Daniel David	Panel Cognitive Behavioral Approaches in Psychosomatic Disorders Moderator: Özkan Güler Speakers: Özkan Güler, Memduha Aydın, Ömer Faruk Uygur, Ali Kandeğer	Panel Early Intervention in Prodromal Period of Bipolar Disorder in Young People: Cognitive-Behavioral Therapy Moderator: Tezan Bildik Speakers: Birsen Şentürk Pılan, Sedat Batmaz, Tezan Bildik	Panel Vaka Örnekleri Üzerinden Bilişsel Davranışçı Terapi Uygulamaları Moderator: Atila Tunçel, Deniz Öztahtacı, Hülya Akkaya Yılmaz	

20 October 2018, Saturday					
Hour	HALL 1	HALL 2	HALL 3	HALL 4	HALL 5
09:00 10:15	Konferans The Prevention of Adolescent Self-harm and Suicide Speaker: Paul Stallard	Panel Behavioral Experiments with Case Examples in the CBT Moderator: Mehmet AK Speakers: Neslihan Akkişi Kumsar, Arzu Erkan Yüce, Mehmet Ak	Panel Vaginismus from Cognitive Behavioral Therapy Perspective Moderator: Kadir Özdel Speakers: Sinay Önen, Gülin Özdamar Ünal , Memduha Aydın	Meeting with expert Hypnosis in Psychiatry and Psychotherapy Speakers: Aysegül Kart, Erdal Erşan	
10:15 10:45	Coffe break				
10:45 12:15	Round Table Meeting CBT and Future Moderator: Selçuk Aslan Speakers: Daniel David, Hakan Türkçapar, Direnç Sakarya, Satwant Singh	Panel Religious Obsessions and Related Factors Moderator: Müjgan İnözü Speakers: Ayşe Bikem Hacıomeriği, İlgün Bilekli, Nuray Çiçek Mustafaoğlu, Müjgan İnözü	Meeting with expert Cognitive Behavioral Therapy in Emetophobia and Tripophobia Speaker: Vahdet Görmez	Meeting with expert What Should I Do When I Do Not Know What To Do? ACT Approach in Times of Indecision Speaker: Ahmet Nalbant, Sevinç Ulusoy	Panel Multidimensional Use of Conscious Awareness in Children and Adolescents Moderator: Özlem Sürücü Speakers: Özlem Sürücü, Zümra Atalay, Sepin Inceer
12:15 13:30	Lunch				
13:30 15:00	Workshop Setting and applying Behavioral experiments in CBT Trainer: Satwant Singh	Workshop CBT interventions for children and adolescents with depression: core treatment components - 1 Trainer: Paul Stallard	Workshop Cognitive Behavioral Therapy in Obsessive Compulsive Disorder - 1 Trainer: Emel Stroup	Panel	Panel The Past, Present, and Future of Exposure Therapies Moderator: Levent Sütçügil Speakers: Merve Terzioğlu, M. Emrah Karadere, Furkan B. Alptekin, Hüseyin Ş. Burhan
15:00 15:30	Coffe break				
15:30 17:00	Workshop CBT in Hoarding Disorder Trainer: Satwant Singh	Workshop CBT Interventions for Children and Adolescents with Depression: Core Treatment Components - 2 Trainer: Paul Stallard	Workshop Cognitive Behavioral Therapy in Obsessive Compulsive Disorder - 2 Trainer: Emel Stroup	A Consultant, Two Approaches Practical Case Formulation and Clinical Evaluation in Terms of Cognitive Therapy and ACT Speakers: Hakan Türkçapar, Fatih Yavuz	
17:00 17:20	Coffe break				
17:20 18:35	Konferans Hoarding Disorder: New Horizons Speaker: Satwant Singh	Panel Behavioral Experiments in Anxiety Disorders Moderator: Murad Atmaca Speakers: Murad Atmaca, Sema Baykara, Faruk Kılıç, M. Gürkan Gürok	Panel Case Examples for Application of Cognitive Behavioral Therapy in Children and Adolescents Moderator: Runa İdil Uslu Speakers: Hülya Akkaya Yılmaz, Şaziye Senem Başgöl, Hakan Öğütlü, Melek Gözde Luş	Panel Cognitive Behavioral Therapy as an Approach to Depression and Suicidal Tendency in Adolescents Moderator: Emine Gül Kapçı Speakers: Ferhat Yaylacı, Murat Eyiüboğlu, Handan Özek Erkuran	

21 October 2018, Sunday

Hour	HALL 1	HALL 2	HALL 3	HALL 4	HALL 5
09:00 10:15	Meeting with expert CBT in Gambling Disorder Speakers: Olga Güriz, Erkan Kuru	Workshop The Captivity to Pain, Freedom with pain: ACT with Basic Concepts (Acceptance and Stability Therapy)-1 Trainers: Fatih Yavuz, Zülal Çelik, Seher Cömertoğlu	Meeting with expert Core Principles and Techniques of Metacognitive Therapy Speaker: Sedat Batmaz	Workshop Mindfulness-Based Stress Reduction-1 Moderator: Özlem Sürücü Trainer: Zümra Atalay	
10:15 10:45	Coffe break				
10:45 12:15	Panel Forgotten Brotherhood - Psychology and Philosophy Moderator: Alper Hasanoğlu Speakers: Alper Hasanoğlu, Ferda Keskin, Özlem Bayoğlu	Workshop The Captivity to Pain, Freedom with pain: ACT with Basic Concepts (Acceptance and Stability Therapy)-2 Trainers: Fatih Yavuz, Zülal Çelik, Seher Cömertoğlu	Meeting with expert Volunteering to Touch the Wound: 'Being a therapist in trauma' Speakers: Levent Sütçügil, Hasan Turan Karatepe, Şengül İlkay	Workshop Mindfulness-Based Stress Reduction-2 Moderator: Özlem Sürücü Trainer: Zümra Atalay	
12:15	Evaluation and Closing Ceremony Speaker: Hakan Türkçapar				