Friday, October 2, 2020
(Precongress Workshops)

Time	SALOON 1	SALOON 2	SALOON 3	SALOON 4
09:00-10:45	🎧 Workshop Acceptance and Commitment Therapy for CBT Therapists-1 **Trainer:** David Gillanders	🎧 Workshop Mindfulness in Everyday Practice 1 **Trainer:** Satwant Singh	🎧 Workshop Imagery Rescripting 1 **Trainer:** Arnoud Arntz	
10:45-11:00	Coffee Break			
11:00-12:45	🎧 Workshop **Acceptance and Commitment Therapy for CBT Therapists-2** **Trainer:** David Gillanders	🎧 Workshop Mindfulness in Everyday Practice 2 **Trainer:** Satwant Singh	🎧 Workshop Imagery Rescripting 2 **Trainer:** Arnoud Arntz	
12:45-14:00	Lunch Break			
14:00-15:45	🎧 Workshop Cognitive Behavioral Therapy for Obsessive Compulsive Disorder in Children and Adolescents 1 **Trainer:** Polly Waite	🎧 Workshop CBT for OCD on Fears of Contamination 1 **Trainer:** David Veale	🎧 Workshop Imagery Rescripting 3 **Trainer:** Arnoud Arntz	
15:45-16:00	Coffee Break			
16:00-17:45	🎧 Workshop Cognitive Behavioral Therapy for Obsessive Compulsive Disorder in Children and Adolescents 2 **Trainer:** Polly Waite	🎧 Workshop CBT for OCD on Fears of Contamination 2 **Trainer:** David Veale	🎧 Workshop Imagery Rescripting 4 **Trainer:** Arnoud Arntz	
Evening Session				
19:00-19:45	🎧 Conference Psychotherapy and Change in Life **Speaker:** Doğan Cüceloğlu			
20:00-21:15	🎧 An Interview on Cognitive Behavioral Therapy with Christine Padesky **Speaker:** Christine Padesky			

Saturday, October 3, 2020
Congress

Time	SALOON 1	SALOON 2	SALOON 3	SALOON 4
09:00-10:30	🎧 Conference The Emergence and Maintenance of Anxiety Disorders in the Pre-Adolescent Period: Requirements for Accessing Effective Treatment Methods **Speaker:** Cathy Creswell	Meeting with the Expert Introduction to Schema Therapy 1 **Speaker:** Alp Karaosmanoğlu	Meeting with the Expert Mindfulness based Cognitive Therapy in Depression and Suicide **Speaker:** Zümra Atalay	Meeting with the Expert Introduction to Acceptance and Committment Therapy 1 **Speakers:** Sevinç Ulusoy, Hasan T. Karatepe
10:30-10:45	Coffee Break			
10:45-12:15	🎧 Conference CBT for Anxiety Disorders in Adolescents **Speaker:** Polly Waite	Meeting with the Expert Introduction to Schema Therapy 2 **Speaker:** Alp Karaosmanoğlu	Conference Motivational Interviewing and CBT **Speaker:** Kültegin Ögel	Meeting with the Expert Introduction to Acceptance and Committment Therapy 2 **Speaker:** Sevinç Ulusoy, Hasan T. Karatepe
12:15-13:30	Lunch Break			
13:30-15:00	🎧 Conference Resilience and CBT **Speaker:** Satwant Singh	Meeting with the Expert Cognitive therapy for PTSD 1 **Speaker:** Emel Stroup	Meeting with the Expert Metacognitive Training in Psychosis 1 **Speaker:** Hakan Türkçapar	Meeting with the Expert Self Compassion in Psychotherapy 1 **Speaker:** Zeynep Selvili
15:00-15:15	Coffee Break			
15:15-16:45	🎧 Conference Metaphors for Psychoeducation in Cognitive Behavioural Psychotherapies **Speaker:** Vahdet Görmez	Meeting with the Expert Cognitive Therapy for PTSD 2 **Speaker:** Emel Stroup	Meeting with the Expert Metacognitive Training in Psychosis 2 **Speaker:** Hakan Türkçapar	Meeting with the Expert Self Compassion in Psychotherapy 2 **Speaker:** Zeynep Selvili
16:45-17:00	Coffee Break			
17:00-18:15	🎧 Conference Evidence-Based Practice of CBT for PTSD **Speaker:** Arnoud Arntz			Panel Social Anxiety Disorder **Moderator:** Kadir Özdel **Speakers:** Ayşegül Kervancıoğlu, Başak Şahin, Canan Bayram Efe
Evening Session				
21:15-22:30	🎧 Conference Therapeutic Relationship in CBT **Speaker:** Judith Beck			
22:30-23:00	🎧 Questions and answers section **Speaker:** Judith Beck			

Sunday, October 4, 2020
Congress

Time	SALOON 1	SALOON 2	SALOON 3	SALOON 4	SALOON 5
09:00-10:15	🎧 Meeting with the Expert CBT for Panic Disorder 1 Speaker: Gregoris Simos	Meeting with the Expert Transdiagnostic Cognitive Behavioural Therapy- Unified Protocol 1 **Speaker:** Sedat Batmaz	Meeting with the Expert Recovery but what for? Psychotherapy and Values 1 **Speakers:** Ahmet Nalbant, Fatih Yavuz	Meeting with the Expert Cross-Sectional and Dimensional Structural Equation Modeling **Speaker:** Yaşar Kuzucu	Meeting with the Expert CBT, ACT and Mindfulness in Childhood Obsessive Compulsive Disorder 1 **Speaker:** Runa Uslu, Özlem Sürücü
10:15-10:30	Coffee Break				
10:30-12:00	🎧 Meeting with the Expert CBT for Panic Disorder 2 Speaker: Gregoris Simos	Meeting with the Expert Transdiagnostic Cognitive Behavioural Therapy - Unified Protocol 2 **Speaker:** Sedat Batmaz	Meeting with the Expert Recovery but what for? Psychotherapy and Values 2 **Speakers:** Ahmet Nalbant, Fatih Yavuz	Panel Cognitive and Behavioural Approaches to Eating Disorders **Moderator:** Başak İnce **Speakers:** Elif Ergüney Okumuş, Başak İnce, Ezgi Deveci	Meeting with the Expert CBT, ACT and Mindfulness in Childhood Obsessive Compulsive Disorder 2 **Speakers:** Runa Uslu, Özlem Sürücü
12:00-13:15	Lunch Break				
13:15-14:45	Panel 🎧 The Need for CBT with Youth in Integrated Pediatric Medical Settings: Now more than ever! **Speaker:** Robert D. Friedberg	Meeting with the Expert Cognitive-Behavioural, Mindfulness and ACT Based Interventions in Insomnia **Speaker:** Selçuk Aslan	Panel Philosophy and Cognitive Behavioral Therapy **Moderator:** Serhat Çıtak **Speakers:** **Serhat Çıtak:** Existentialism and Psychotherapy **Mustafa Çevik:** What Can Felsefe Give to Psychotherapy? **Erol Göka:** If Roman Stoism is the Foundation of the CBT... **Kemal Sayar:** Psychotherapy and Good Life: What is the measure of good?	Panel CBT in Common Sexual Dysfunction and Disorders **Moderator:** Kadir Özdel **Speakers:** Şengül Tosun Altınöz, Bengü Yücens, Ayşegül Kart	
14:45-15:00	Coffee Break				
15:00-16:30	🎧 Meeting with the Expert CBT in Body Dysmorphic Disorder **Speaker:** David Veale	Meeting with the Expert Supportive Parenting for Children with Conduct Problems: CBT and Other Current Therapeutic Apporaches **Speakers:** Emine Gül Kapçı, Gökçe Çokamay Yılmaz	A Film Analyses from CBT Perspective **Speakers:** Alper Hasanoğlu, Selçuk Arslan, Hakan Türkçapar	Panel Covert Behaviours from Cognitive Behavioural Perspective: Understanding the Unseen **Moderator:** K. Fatih Yavuz **Speakers:** Şengül İlkay, Ahmet Nalbant, Merve Terzioğlu, Zülal Çelik	
16:30-16:45	Coffee Break				
16:45-18:00	Conference Cognitive Behavioral Therapy: Past, Present & Future **Speaker:** Hakan Türkçapar				
Evening Session					
18:00-18:55	**Closing Ceremony**				

🎧 Simultaneous interpretation will be provided